

010 老会员见面



最高频 口语话题

超给力

- A: Hello, Jane. Don't you remember me? We met in the Chinese club last year.
你好, 珍妮。你不记得我吗? 去年我们在那个汉语俱乐部见过。
- B: Oh! Yes! You seem to have changed your hairstyle. No wonder I couldn't recognize you. How have you been doing lately?
哦, 是的? 你的发式好像变了, 怪不得我认不出来, 你最近怎样?
- A: I've been fine. And you?
很好。你呢?
- B: I'm fine, too. Thanks.
谢谢, 我也很好。



最高频 话题黄金句

一句顶万句

1. It's been a long time, hasn't it?
好久不见了, 不是吗?
2. I trust you're keeping well?
我想你还好吧?
3. I hope all goes well with you!
希望你一切都好。
4. It's good to see you again.
真高兴再见到你。
5. How is everything?
一切顺利吗?
6. How is life?
日子过的怎么样?

011 住在纽约



最高频 口语话题

超给力

1 日常生活

- A: How long have you been here?
你来这儿多久了?
- B: About two years.
大约两年了。
- A: Do you like living in Dallas better than New York?
比起纽约你更喜欢住在达拉斯吗?
- B: Yes, the traffic is not as bad.
是的, 那里交通没有纽约那么糟。



最高频 话题黄金句

一句顶万句

1. I wish I lived in New York.
我希望住在纽约
2. What's the weather in New York?
纽约的天气如何?
3. I was born in New York.
我出生在纽约。
4. He has been here for two years.
他已经在这待了两年了。
5. The traffic is very bad.
交通很差。

012 瘦身减肥



最高频 口语话题

超给力

A: I'm getting so paunchy that I'm afraid I have to buy a new belt tomorrow. And I think I must go on a diet.

我腹部越来越圆。恐怕我明天就得买新腰带了。我想我必须节食减肥了。

B: You are just a little bit chubby, not paunchy. 只是稍微胖了些，不太胖。

A: You know, I'm a compulsive overeater. I got to watch what I eat.

我总是无法控制自己摄入过多的饮食。我必须得注意自己的饮食了。

B: More physical exercises may help to keep your weight down.

多吃一些锻炼可能使你的体重减轻。

A: You said it.

你说的对。



最高频 话题黄金句

一句顶万句

1. Look at my flabby arms.

看看我这松松垮垮的胳膊。

2. I've lost one kilo already.

我已经减掉一公斤了。

3. I'm too fat.

我太胖。

4. Think about the calories in the dressing!

想想那些调料中的热量吧!

5. Eating those things is bad for your health.

你那样乱吃东西会吃坏身体的。

013 约会迟到



最高频 口语话题

超给力

1 日常生活

A: Good morning. My appointment with Mr. Smith is at 9 o'clock. I'm sorry I'm a little late. I was delayed by the traffic jam.

早上好，我和史密斯先生的约会在9点。对不起我来晚了。交通堵塞耽搁了时间。

B: That's all right. Would you please go up to his office? It's Room No.8 on the Sixth floor. Mr. Smith is expecting you.

没关系，请您去他的办公室好吗？在6层8号房间。史密斯先生正在等您。

A: Room 8, Sixth floor.

6层8号房间。

B: Yes. The elevator is over there. By the way, would you please sign the visitor's book?

是的。电梯在那边。顺便，请在来客簿上签个名好吗？

A: Yes, of course.

好的。

B: Thanks.

多谢。



最高频 话题黄金句

一句顶万句

1. I am running late.

我要迟到了。

2. What's on the schedule for today?

今天有那些日程安排？

3. If you are not busy tonight, would you like to go out with me?

如果你今晚有空的话，愿不愿意和我一起出去？

4. All right. Maybe some other time.

好吧，那就下次吧。

014 见面寒暄



最高频 口语话题

超给力

- A: Hello, Mr. White! Fancy meeting you here! How are things going with you?
您好, 怀特先生。真没想到能在这里见到您! 近来过得怎么样?
- B: Not bad, thanks. And you?
还不错, 谢谢。你呢?
- A: Pretty good. How are your parents these days?
很好。您的父母近来还好吧?
- B: They are fine. They are enjoying their retirement life.
他们都很好。他们正在享受退休生活。
- A: Oh, good. It's nice to hear that. Remember to give my regards to your family.
哦, 那太好了。代我向您全家问好。
- B: Thanks.
谢谢。



最高频 话题黄金句

一句顶万句

1. How are things with you?
一切都好吗?
2. Glad to meet you.
很高兴见到你。
3. How nice to meet you here.
在这里见到你真高兴。
4. How goes it?
近来怎么样?
5. You haven't changed much.
你没怎么变。

015 预订房间



最高频 口语话题

超给力

1 日常生活

- A: I'd like to reserve a room for this weekend.
Do you have one available?
我要预订一个周末房间。有空房吗?
- B: Do you want a single room or a double room?
你要单人房还是双人房?
- A: Double room for Saturday and Sunday.
双人房, 星期六、星期天住。
- B: Sorry, sir. All double rooms are completely booked in the weekend. Only single rooms are available.
先生, 很抱歉, 周末所有的双人房都订满了, 只有单人房。



最高频 话题黄金句

一句顶万句

1. I'd like to reserve a room.
我想预订一个房间。
2. Can you make it another date?
你能否改为其他日期呢?
3. How much are doubles?
双人房是多少钱?
4. Do you want a room with a good view?
您想要景色好的房间吗?
5. Do you have any vacancies tonight?
你们今晚有空房吗?
6. With bath or without?
要带浴室的还是不带浴室的?

016 看病



最高频 口语话题

超给力

- A: Mr. Brown, I'm very sorry that you are ill.
布朗先生，你生病了我感到很难过。
- B: I'm so sorry to bother you.
真抱歉，给你添麻烦了。
- A: No bother at all. This is my job. How do you feel now?
没关系，这是我该做的，你现在感觉怎么样了？
- B: I've a severe stomachache and have been suffering from it for several hours.
我的胃很痛，已经痛了几个小时了。
- A: I'm sorry to hear it. And any other symptoms?
我真替你难过，还有其他症状吗？
- B: Well, I'm feeling rather tired at present.
你感觉怎么样？我现在感到浑身乏力。



最高频 话题黄金句

一句顶万句

1. I'm suffering from insomnia.
最近有点失眠。
2. How long have you had this problem?
这种情况有多久了？
3. Do you have headaches?
有头痛的情况吗？
4. I have no appetite and always on the edge.
吃饭也没有胃口，总是感紧不安。
5. Let me take your blood pressure.
让我量量你的血压。
6. You are just a little exhausted from overwork.
你只不过是有点劳累过度。

017 行李托运



最高频 口语话题

超给力

1 日常生活

- A: I'd like to have those checked through to Washington.
我想把那些行李直接托运到华盛顿。
- B: OK. Will you please put your luggage on the scale?
好的。请将您的行李放在秤上好吗？
- A: All right. What's the free allowance?
好吧。请问免费重量是多少？
- B: Ten kilos.
10 公斤。



最高频 话题黄金句

一句顶万句

1. How many pieces of baggage do you have to check?
你有多少行李需要托运？
2. How much luggage can I take with me?
我可以随身带多少行李？
3. I'm afraid your bag is four kilos overweight.
恐怕您的行李超重了 4 千克。
4. Can I carry this bag into the cabin?
我能将这个包带上飞机吗？
5. Will you please put all your luggage on the scale?
请把您所有的行李放到秤上好吗？

018 优秀的厨师



最高频 口语话题

超给力

- A: That was a wonderful dinner. You are a good cook.
这餐饭吃得非常好。你是个好厨师。
- B: Thank you for saying so.
谢谢，过奖了。
- A: Can I give you a hand with the dishes?
要我帮你洗碗吗？
- B: Don't bother, I'll do them myself later.
不用麻烦了，等一会儿我自己洗。



最高频 话题黄金句

一句顶万句

1. Would you help me set the table?
你能帮我准备餐具吗？
2. How soon can you get it ready?
还要多久才能做好？
3. I feel like having something mild for dinner.
晚饭我想吃点清淡的。
4. What are you cooking?
你在做什么饭？
5. Take some milk, add some sugar.
放点牛奶，再加一点糖。

019 在飞机上喝酒



最高频 口语话题

超给力

1 日常生活

- A: Give me some white wine, please.
请给我来点儿白葡萄酒。
- B: Certainly, sir. But there is a charge for alcoholic beverages in economy class.
当然可以，先生。可是在经济舱，喝带酒精的饮料是要付费的。
- A: I see. Price list, please.
我知道。请给我价格单。
- B: Here it is.
给您。



最高频 话题黄金句

一句顶万句

1. I feel cold.
我觉得冷。
2. Clear the table, please.
请你收拾一下桌子吧。
3. Can I have some medicine?
能给我点药吗？
4. Can I have something to drink?
能给我点喝的吗？
5. Shall I fasten my safety belt now?
现在要系安全带吗？
6. Give me some white wine, please.
请给我来点白葡萄酒。